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Hair Removal

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Ask the doctors: Lim Kar Seng

Dr Lim Kar Seng

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Q: Just how safe is laser hair removal? And what are the possible side effects?

A: Don't worry, laser hair removal is very safe. The laser used for this process targets the hair follicles damaging them and removing the hair with minimal damage to the surrounding skin. Some possible side effects are small red bumps that may appear around the follicles on the legs. These usually subside within 48 hours. Occasionally, there might be some darkening or lightening over the treated area. This is not common, though, and should disappear within a week.

Dr Lim Kar Seng is a senior consultant dermatologist with the Dermatology Practice at Mount Elizabeth Novena Hospital, Singapore